

The Ramayana: A Spiritual Learning amidst COVID 19 Pandemic

Dr. Sanjit Kumar Sahu

Professor & Head, Department of Education, ShriRawatpuraSarkar Group of Institutions, Raipur, (CG).

dr.sanjitsahu@gmail.com

ABSTRACT

The coronavirus-drove lockdown and getting back notable programs like Ramayan and Mahabharat joined to sling Doordarshan (DD) to turn into the most elevated watched direct in India for the week that ended on April 3, as indicated by audience measurement agency BARC. The national supporter could accomplish the accomplishment, which includes a colossal hop in viewership at night and morning groups, regardless of a flood revealed by the private telecasters who are likewise encountering higher viewership, the Broadcast Audience Research Council (BARC) said. Beginning with the Hindu folklore arrangement Ramayan, DD has back different works of art like Mahabharat, Shaktiman and Buniyaad to serve the crowds during the three-week lockdown. The greater part of these was created when DD hoarded TV broadcasting in the nation. In this investigation Spiritual educating has large amounts of the recounting the Ramayana. Those that tell the message in melody are all the more energetically devoured by millions in various language. Anyway it is the visual portrayal of the epic in move and show, and even a tele sequential that is most be sewing. In any case, here we should take a gander at the stage, where live exhibitions endeavor to hold the watcher in extraordinary visual treats.

Keywords:Spiritual Learning, Epic Prism, The Ramayana etc.

1. INRODUCTION

Spiritual learning of Ramayana, the epic, which has been worshipped by a large number of Hindus for a long time, and the socio-political messages joined in it are more applicable than any time in recent memory, said famous researchers from various nations who took an interest in the second International Ramayana Conference that finished up at DeKalb in Illinois throughout the end of the week.

Manifestations are both human and divine, thus they are available to either understanding. Where a superficial comprehension uncovers just an intriguing story, a sage with knowledge can discover Spiritual otherworldly implications. For sure, the two perspectives could exist together. A little molecule of natural or inorganic issue is nothing to the unaided eye of man, yet the equivalent is seen as mind boggling and complex under the minute perspective on a researcher. Both these perspectives are right. The first is shallow, while the different goes further. The accounts and accomplishments of perfect manifestations may look like abstract fiction or simple poetical stories to a man who considers them from the absolutely scholarly or story perspective. Sages like Valmiki and Vyasa, who have increased entering vision through their Spiritual turn of events, could find in them an abundance of significance. Over the span of their endeavor to decipher the equivalent to a more prominent number of individuals, they may utilize the poetical strategy and the Pauranika method of portrayal.

The aim of such works of sages isn't to instruct history or topography yet to dazzle on man the puzzle of perfect presence and the otherworldly fate of man. For instance, the BhagavataPurana subsequent to giving a long record of extraordinary fan lords, at last says, "I have portrayed the biographies of all these incredible men who have left abandoning their recollections. The object of this abstract exertion is just to produce renunciation and Spiritual illumination. The individuals, who want dedication to Krishna, ought to consistently hear such records managing the deeds and characteristics of the Lord."

So don't search for chronicled legitimacy or genuine exactness, for sagas like the Ramayana and the Mahabharata are accounts and accounts of men with otherworldly knowledge, who could see far more spiritual into the nature and reason for life than others could with their constrained comprehension.

The Sundara Kanda as additionally the entire of the Ramayana has got its Spiritual as likewise its scholarly and story perspectives. In the incredible epic sonnet of Ramayana, this section denotes the top of Valmiki's artistic and idyllic greatness, thus it is Sundara or wonderful. There are different understandings too. It is proposed that it is Sundara, in light of the fact that it soothed Sita of her distress. Sundara can mean a flag-bearer, and the Kanda incorporates the message sent by Rama to Sita. Sundara is likewise a name for a mediator who sets up a common contact between a saint and a courageous woman, as Hanuman did on account of Rama and Sita. Sundara is supposed to be a name for a monkey and this section is alleged in light of the fact that it manages the accomplishments of the monkey Hanuman.

The recuperation of something lost is in some cases depicted as Sundara, and in this segment the subject managed is the revelation of the stole Sita. The investigation of the Sundara Kanda is considered as being comparable to the investigation of the entire of the Ramayana most definitely. Similarly as the Upanishads are said to contain the preeminent imply of the Vedas, this Kanda should be the core of Ramayana.

Historical Epic Prism

RamanandSagar'sRamayan (1987) was an exceptional milestone in the DD period. As the record-breaking epic is good to go to be re-broadcast from toward the beginning of today, here's rewinding to when Lord Ram's ethical quality story carried India to a halt.

RamanandSagar's notable Ramayan first debuted on Doordarshan in 1987, after which, as it's been said, Indian TV wasn't exactly the equivalent. In his tweet on March 26, I&B serve PrakashJavadekar, while dropping the Ramayan doozy, gave no other explanation for the re-broadcast aside from "open interest." The fanciful epic, it is trusted, will by and by engage and edify 1.3 billion Indians who are at home, due to coronavirus lockdown. Obviously, the administration hopes to reproduce the first's enchantment. The TV arrangement was a perfect wrath in now is the ideal time. "Colossally mainstream" doesn't start to cover it. An exceptional epic, no not exactly an occasion, Ramayan was viewed by a large number of watchers all through India cutting across religion, position and social layers gaining it a spot in record books. Those were the occasions when hardly any families possessed a TV set, but then, that never prevented viewership from swelling in other (interestingly Indian) ways. The Ramayan recovery is

additionally a token of past times worth remembering when relatives and prying neighbors would assemble around the TV for their end of the week fix. Jaidev's mark subject tune played in the initial title against Lord Ram's bows and arrows present only occasionally neglected to snare the crowds. They knew the past scenes by heart and would stand by tensely for the new ones. At the pinnacle of its fame, Ramayan had the otherworldly vitality to carry the whole country to a halt. The tale of the ethically upstanding Ram and the conciliatory Sita alongside the undertakings of Hanuman tossed in for good measure are natural to most Indians and has since a long time ago advanced our vision of the world just as our way of life and workmanship — through the strict writings, universal Ram Leelas and numerous oral retellings. The epic is open source. A day by day custom in excess of a simple great.

Hail the Ideal lord

A straightforward answer is that Indians could identify with Ramayan, yet to see the inner parts of the faithful regal courts, expand ensembles and decorations, woodlands and fight scenes, monkey armed forces, the marvels, aids and reviles, the holy people and sages, your preferred god's very own tribulation.. Such an excess of unspooling on your agreeable TV set was completely new. Some portion of the show's allure lies in its crisp throwing and the way Sagar introduced the legendary epic in a folkloric style. In its 78 scenes, essayist chief Sagar follows the life of Lord Ram, Dasharatha's preferred child who must spare his hijacked spouse Sita from evil spirit Ravana and en route, show us simple humans significant ethics and life wisdoms. Slam, the best and righteous man and ruler who must lead human race to the correct way and set up Karma and Dharma, alluded to in the Hindu pantheon as one of the symbols of Vishnu himself, was played by ArunGovil while his cherished spouse and perfect partner Sita who endures peacefully but then, develops as Ram's actual equivalent by the end, was enlivened by DipikaChikhalia. One of the masterstrokes was to persuade the incredible Dara Singh to play Hanuman, Lord Ram's dependable lover. He can tear his heart to uncover his affection for the celestial couple. Ramayan changed Dara Singh's life, yet as indicated by his life story, the He-Man had initially turned down the notorious job. Contacting 60 by at that point, Singh mentioned Sagar to locate a more youthful entertainer. "You are Hanuman. You are the best," a resolute Sagar obviously answered. The rest is history. Govil and Chikhalia got so severely pigeonhole as Ram and Sita that they would never raise out of Ramayan's celestial shadow — a gooney bird they couldn't shake off for their entire lives. Youthful and capable, Chikhalia's movie profession never took off. The DD-period crowds can review her appearance in the well-knownNirma promotion. Govil, then again, was substantially more vocal about his disappointment. He proceeded to call Ramayan a lifelong self-destruction. In a sincere with The Times of India, the entertainer uncovered that however the show earned him much love and hero worship, "Throughout the previous 14 years, I have not done anything, aside from perhaps show up. Post Ramayan, when I needed to come back to Bollywood, the makers stated, 'Your picture as Ram is so solid, we can't give you a role as any other person or give you a supporting job.' That turned into the greatest short purpose of my vocation."

Over three decades later, the world has changed. The Ramayan rerun shows up when India is isolated however has cornucopia of substance to pick from, gratitude to the boundless choices on the web and on TV. It is fascinating to perceive what response the milestone TV arrangement gets in the time of Instagram and Smartphones. The individuals who grew up during the 1980s

and 90s will no uncertainty tune in toward the beginning of today to ramp up some energy, maybe for the wellbeing of nostalgia? Like with any show from that time, there's probability that the embellishments and exaggerated drama may feel slightly dated, particularly to the youthful crowd. The late RamanandSagar's child PremSagar feels great substance is the "spirit of any show. Plus, "Ramayan is lasting. It will consistently be new," he told a paper, in front of the principal broadcast at 9 am today. As of now on Twitter and Facebook, the show's restoration has pointedly separated crowds. In the post-Babri India, anything to do with Lord Ram is viewed with doubt from one point of view and cheered with hooting from another. Expectedly, minutes after the Ramayan declaration was made by Javadekar, internet based life went into a free for all. Some welcomed Ramayan's rebound with serenades of "Jai Shri Ram" while alleged dissidents and Modi-haters laughed at the news, excusing it so far another "Hindutva trick." Still others grumbled why no Mahabharata, Chanakya, Buniyad, Hum Log, Nukkad and the various jewels from 1980-90s Doordarshan. One displeased Twitter client, presumably a mindful parent, bemoaned that the administration must not bar youngsters and proposed a Shaktiman rerun. Who knows, maybe, in the coming weeks we may see DD works of art coming down.

Ramayana: 10 Lessons the Epic Taught Us

We have frequently heard our grandmas doing a RamayanPath. This Hindu epic has given us number of exercises that we mustn't overlook. These exercises assist us with bettering ourselves and rise as refined and changed people as time passes.

There are different understandings of the Ramayana. Here's single direction of taking a gander at it:

- Respect older folks and be compelled by a solemn obligation towards guardians – Ram left for vanvas after his progression mother communicated her craving to see natural child Bharath as the future lord of Ayodhya.
- Remain joined with kin in any event, during the hardest of times – Bharat wouldn't acknowledge the position of royalty after his dad's downfall and trusted that Ram will come back from his vanvas. Lakshman went with his sibling Ram for the 14-year-long vanvas.
- Be faithful to your life partner – Ravana attempted to draw Sita in the wake of stealing her. Be that as it may, Sita never let him prevail in his endeavors. Slam didn't remarry after Sita was commandingly surrendered by him considerably in the wake of directing the 'Agni Pariksha'. Being a King, he delighted in the benefit of having numerous sovereigns; however he decided to stay faithful to his adored spouse – Sita.
- Be spiritually dedicated to your obligation – Besides being Sita's better half, Ram was likewise the King of Ayodhya. What's more, the obligation of the ruler is to keep his subjects upbeat. Furthermore, henceforth, he needed to surrender his significant other for the majority after they scrutinized her modesty. As a spouse, he was compelled by a solemn obligation towards his better half. Be that as it may, as a King, he needed to think about his subjects' desires in front of his own ones.
- Choose the way of exemplary nature – Vibhishana, more youthful sibling of Ravana decided to not bolster his kin in the war against Ram. He realized his sibling had submitted a transgression by stole somebody—a wedded woman.

- Remain humble regardless of how amazing you become – Hanuman could have handily saved Sita from Ravana's Ashoka Vatika. He had the ability to without any assistance battle against Ravana's military. Be that as it may, he decided to give up to Lord Ram's godlikeness and let him do the needful.
- Never think about anybody substandard – Mighty ruler Ram took the assistance of Vanarsena (monkey armed force) to manufacture an extension (Ram Setu) with the goal that he could reach Lanka to free Sita. The little monkeys helped him fabricate the setu as well as partook in the war against Ravana.
- All that sparkles isn't gold – Sita got pulled in to a spotted deer that looked fantastically lovely. She needed Ram to get the deer for her from the wilderness. As a matter of fact, it wasn't a deer, yet Mareech, Ravana's associate in camouflage of the creature.
- Embrace all independent of caste, statement of faith or colour – Prince Ram ate natural products that were at that point tasted by Shabri, a poor elderly person who had not a lot to offer yet unadulterated love.
- Abandon the accompanying-Kama (desire), Krodha (outrage), Moha (want), Lobha (covetousness), Mada (pride), Ahankar (self-image), Irshya (envy), Jaddata (inhumanity), Ghrina (disdain), Bhaya (dread).

2. REVIEW OF LITERATURE

Holding meetings to generate new ideas over different parts of the topic "Ramayana in Global Context", the two-day universal gathering closed with the call that the lessons guzzled in epic were progressively applicable in this time of globalization, breaking family framework and lessening human qualities. Sorted out by the International Ramayana Institute of North America in relationship with the Northern Illinois University, upwards of 31 famous researchers from Canada, the Czech Republic, India, Indonesia, Thailand, Trinidad, and the U.S. talked on seven sub-subjects including sexual orientation and political parts of Ramayana; training and learning identified with the epic, Ramayana's impact in different societies and civic establishments; Ramayana and relational connections and its effect on open administration.

"This was an extraordinary scholastic meeting underscoring the significant commitments of Ramayana on culture, craftsmanship and society and all the more explicitly in advancing the great human qualities," Subhash Pandey, leader of the International Ramayana Institute told The HindustanTimes.com. In his keynote address, Sally Goldman, from the University of California at Berkeley talked on Valmiki's development of sexual orientation, especially the job of a spouse. Famous speaker Kathy Foley from the University of California at Santa Clara talked on "Changes of the Ramayana in Southeast Asia and the Indian Repercussions" with exhibits on the utilization of veils during Ramayana exhibitions.

Pandey said a great many researchers in their introductions abided in detail how Ramayana helps in the advancement of a decent person, gets social qualities. The discourse of Rama after he came back from 14 years of outcast and acknowledged the honored position goodness Ayodhya is as yet significant today. "This would help in acquiring harmony and thriving world over," said the world well known Ramayana researcher Satya Vrat Shastri, who was uniquely sent by the Indian Council for Cultural Relations.

In his introduction David Kersnar of the Looking glass Theater Company of Chicago talked on the improvement of Sita Ram, a drama dependent on Ramayana. Corresponding to the gathering the coordinators additionally held an educators' Workshop "Ramayana: A Gateway to the Cultures of Asia." This highlighted introductions to instructors on the account of Ramayana and its implications for educating in the homeroom. Established in the year 2000 with the goal of advancing Ramayana in North America, the Institute held its first gathering in 2001. Scholars from different American colleges and nations like India, Indonesia, Thailand, France, Belgium and Myanmar took an interest in this meeting.

A researcher by calling, Pandey stated: "There is no other mythic story that can flaunt such broad dissemination and which has had such an invigorating effect on different nations' creative and moral customs. In every nation it spread, Ramayana propelled artists, scholars, instructors, stone carvers, painters, performers, artists, puppeteers, and artists." Stating that through the different chronicled periods, the epic has stayed mainstream and individuals have discovered direction from it, he contended the epic advances the goals of human conduct in varying social statuses.

Astha Dhal didn't have a lot to do after her tenth board tests finished a month ago. The Delhi-based 16-year old who had been engaged in contemplates the previous not many months was looted of all roads of amusement once the tests finished as Prime Minister Narendra Modi declared a 21-day across the country lockdown in the wake of the coronavirus flare-up. With no place to go and very little to watch on TV since all creation exercises had stopped, Dhal was in for a wonderful amazement when her folks acquainted her with the re-runs of Ramanand Sagar's incredible epic Ramayana that state telecaster Doordarshan began airing a weekend ago.

Dhal has just prescribed the show to her Netflix-marathon watching companions and is one among the large number of twenty to thirty year olds and Gen Zs who have found the epic 30 years after their folks and grandparents had lapped it up during the 1980s.

A few, similar to Dhal, have found the arrangement on account of their folks, while others have followed online discussions. As indicated by information from TV checking office BARC, the epic collected 51 million watchers on Sunday - in the main few days of broadcast, the most elevated ever figure for the Hindi GEC (general diversion channel) kind since 2015. On a normal, every scene of Ramayana has seen 42.6 million tune-ins. Likewise, the intrigue has been more noteworthy in urban focuses of Hindi-talking markets than provincial zones - in the previous, the initial four scenes indented up absolute normal impressions of 17 million contrasted and 11.6 million in the last mentioned. Impressions allude to the quantity of people in a huge number of an intended interest group who saw an occasion found the middle value of across minutes.

"I had watched folklores, for example, Devlok with Devdutt Pattanaik prior other than different adaptations of Ramayana and Mahabharat as a kid, yet there is something in particular about this show got my advantage," said Dhal who watches both Ramayana and the other large epic Mahabharat with her folks regular. "It appears to be increasingly normal, there are fewer promotions, and fewer dramatizations even while you're recounted an optimistic method of driving life. Perusing or being lectured at about very similar things might not have a similar effect." Shashi Shekhar Vempati, CEO, Prasar Bharti said the web age has no memory of Doordarshan. This, as it were, is the famous first decision time for them to encounter the brand Doordarshan.

"To the extent exercises from Ramayana go, it is an open door for them to all the more likely see how the epic has been depicted and comprehended in contemporary occasions," Vempati included. Undoubtedly, viewing Sagar's epic in this season of emergency, lockdown and stress, is a chance to plunk down for something that you can likewise talk about later with the family, that too in a period when spilling stages have organized individual survey of frequently unequivocal and specialty content.

"It is very basic for white collar class guardians to urge children to peruse or watch works of art that have stood the trial of time. It adds to their social capital," said Surinder Singh Jodhka, teacher of human science at the Center for the Study of Social Systems, JNU. Watching these shows additionally gives an opportunity to interface current issues with what was going on previously. "It's an incredible method to see what may have been the socio-political scene or condition of majority rules system around then," said 27-year old instructive expert Manali Singh situated in Patna, who like Dhal, doesn't take the epic's lessons indiscriminately however needs to address things like Sita being approached to take the agnipariksha by Ram. Singh watches the show every day with her parents-in-law who are impassioned fans while her 30-year old sibling and 23-year old sister are stuck to it at home with their folks.

Certainly, there is a segment of crowds flooding web based life stages like Twitter, Instagram and Pinterest with Ramayana images, particularly highlighting the new rivalry for gushing mammoths like Netflix that have up until now, overwhelmed more youthful portions. Others, notwithstanding, are considering it to be the recovery of old custom and culture that India had been missing for long, pointing out how kids in the family had begun admiring the epic and how the Spiritual experience was changing lives during this season of emergency. "Our new age will comprehend the ethics and estimations of our antiquated age. Expectation Ramayana will lessen the impact of current family dramatization serials," a client tweeted. Another included, "Call it Hindutva or not yet larger part of individuals enjoyed the idea of Ramayana being rerun and confirmation of it is the spike in TRP of DD national. What astonishes me is that individuals who blame others for prejudice get narrow minded they by an unimportant TV appear on Bhagwan Ram."

3. CONCLUSION

In the midst of the coronavirus pandemic, nations around the globe have either put disconnection strategy or forced an across the country lockdown to contain the spread of the COVID-19. While schools and instructing organizations remain shutting, Spiritual learning stages are seeing an ascent. Some Indian schools and instructors are likewise utilizing innovation to carry the educating to the understudies comfortable. As the viewership appraisals of notable legendary serials like Ramayan and Mahabharat help it to arrive at the top, open supporter Doordarshan has propelled a channel DD Retro to capitalize on the sentimentality created by its old productions." "If you have botched the chance to watch Mahabharat, watch it on DD Retro at 8 PM from Monday to Friday," the telecaster said in a tweet. In ensuing tweets, it referenced a few different serials like Chanakya, Upanishad Ganga, DekhBhaiDekh and others. Ramayan made a rerun starting March 28 amid an audience experiencing a nationwide lockdown due to Coronavirus. The excitement for it in such times can be anticipated from the record making numbers it managed to rank and rightfully so. After all, this show used to be the reason for empty roads when there was no lockdown.

REFERENCES

1. Jha .S (2005). Ramayana Conferences in Illinois; Hindustan Times, June 15, 2005.
2. Jha .S (2020).In the times of COVID19 lockdown, Ramayana netting younger viewers as well; Live Mint, April 04, 2020.
3. JNU VC (2020). Leadership Lesson from Ramayana, The India express, New Delhi, 2020 April.
4. Shankar Gayatri (2017). Ramayana Spirituality lessons, Zee News; April 04, 2017.
5. Tapasyendra Swami (2009). A spiritual Literacy Epic; The Ramayana, E Times, April 29, 2020.
6. Viwanathan. L (2011). The Ramayana effect, The Hindu, Chennai, December 01, 2011.